

CATARINA BONGIORNI, LMHC PMHNP-BC

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EDUCATION:

- MGH Institute of Health Professions, Boston, MA** **May 2021**
- *Master of Science in Nursing*
 - *Bachelor of Science in Nursing*
- Suffolk University, Boston, MA** **May 2017, May 2016**
- *Certificate of Advanced Graduate Studies in Mental Health Counseling*
 - *Master of Science in Mental Health Counseling*
- The Hartt School, Hartford, CT** **May 2014**
- *Bachelor of Music in Oboe Performance*

LICENSURE/CERTIFICATION:

- Massachusetts RN/APRN License **License: RN2337491**
Massachusetts Controlled Substance Registration **License: MCS004295B**
DEA **License: MB6657792**
Licensed Mental Health Counselor (LMHC) **License: 11633-MH-CC**
CPR/BLS/AED for the Healthcare Provider **Expires July 2026**
CANS (Child and Adolescent Needs and Strengths) Certification **Expires October 2026**
Trauma Focused- Cognitive Behavioral Therapy Certification **Expires November 2030**
ANCC Board Certified Psychiatric Mental Health Nurse Practitioner Certification (PMHNP-BC) **Expires May 2031**

PROFESSIONAL EXPERIENCE:

- Catarina Bongiorno Psychiatry PLLC, South Hamilton, MA** **March 2023-Present**
Owner and Provider
- Provides psychopharmacological management and evaluation, therapy, referrals and treatment planning for children, adolescents and young adults in an outpatient setting. Maintains working relationships with area providers, schools, state agencies and treatment teams.
- Lynn Community Health Center, Lynn, MA** **September 2021-October 2025**
Psychiatric Clinical Nurse Specialist
- Provides psychopharmacological management and evaluation, referrals and treatment planning for children, adolescents and adults both in outpatient and school-based settings. Precepted Psych NP interns. Maintains working relationships with area providers, schools, state agencies and treatment teams.
- The Artful Life Counseling Center and Studio Center, Salem, MA** **August 2021-June 2023**
Group Practice Therapist
- Provides individual, group, family and couples therapy as well as crisis management, referrals and treatment planning for children, adolescents and adults. Maintains working relationships with area providers, schools, state agencies and other treatment team members. Completes all program required protocol and documentation.
- Northeast Family Services, Lawrence, MA** **May 2019-April 2021**
Outpatient Clinician
- Provided individual and family therapy, crisis management, referrals and treatment planning for children, adolescents and adults. Maintains working relationships with area providers, schools, state agencies and treatment teams. Completes all program required protocol and documentation.
- Beth Israel Lahey Health, Haverhill, MA** **August 2016-May 2019**
In-Home Family Therapist
- Behavioral Health Clinician. Provided in-home family therapy, crisis management, referrals, and treatment planning to children and their families. Participated as a primary member of the child's wraparound team. Completed all program required protocol and documentation including insurance authorizations.

PRESENTATIONS:

- Bay Path University and Cambridge College, Remote** **September 2025**
- Presented as a guest lecturer for mental health counseling students on “Psychopharm for Therapists: Making it Less Gritty” This lecture focused upon a basic overview of psychopharmacological treatments for various mental health disorders as well as basics in medication management process and communication needs between providers.
- Wheelock College, Boston, MA** **July 2017**
- Presented as guest lecturer for a social work graduate school class on Outreach Safety from a compassionate viewpoint.
- International Association for Social Work with Groups, Boston, MA** **April 2016**
- Presented poster at IASWG MA Chapter 2016 Conference. Poster depicted an adolescent therapy group: Survey Says, conceptualized by this professional. Survey Says is a team based simulated game show experience, which encourages cooperation, social interaction and working together to solve problems.

CLINICAL EXPERIENCE:

- Atrius Health Boston, MA** **January 2021-May 2021**
- Student Nurse Practitioner:* Worked under the direction PMHNP preceptor in the completion of psychopharmacology intakes and follow-up appointments with adult population. Engaged in psychiatric interviews and collaborative treatment planning.
- Massachusetts General Hospital, Boston, MA** **September 2020-May 2021**
Department of Child and Adolescent Psychiatry
- Student Nurse Practitioner:* Worked with MD preceptor in the completion of intakes and follow-up medication appointments with children, adolescents and young adults with primary mood disorders. Engaged in interviews with caregivers and attended psychiatry department lectures including pediatric psychopharmacology lectures.
- MGH Institute of Health Professions Charlestown, MA** **September 2020-December 2020**
IMPACT Practice Center
- Student Nurse Practitioner:* Worked under the direction PMHNP preceptor in the completion of intakes and supportive counseling appointments with adult population. Engaged in psychiatric interviews and collaborative treatment planning.
- Massachusetts General Hospital, Boston, MA** **January 2020-May 2020**
Addictions Consult Team and Bridge Clinic
- Student Nurse Practitioner:* Worked with PMHNP preceptor in the completion of ACT consults including evaluations and follow-ups for patients in the hospital and for patients in the Bridge Clinic. Engaged in psychiatric interviews with patients to guide treatment recommendations.

VOLUNTEER AND COUNSELING INTERNSHIP EXPERIENCE:

- Emmanuel College Counseling Center, Boston, MA** **August 2016-May 2017**
Graduate Student Intern
- Crisis Text Line, Remote** **July 2016-January 2017**
Crisis Text Counselor Volunteer
- Riverside Community Care, Needham, MA** **September 2015-May 2016**
Mental Health Counseling Intern