

# **CATARINA BONGIORNI, APRN LMHC PMHNP-BC**

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## **EDUCATION:**

### **MGH Institute of Health Professions, Boston, MA**

**May 2021**

- *Master of Science in Nursing*
- *Bachelor of Science in Nursing*

### **Suffolk University, Boston, MA**

**May 2017, May 2016**

- *Certificate of Advanced Graduate Studies in Mental Health Counseling*
- *Master of Science in Mental Health Counseling*

### **The Hartt School, Hartford, CT**

**May 2014**

- *Bachelor of Music in Oboe Performance*

## **LICENSURE/CERTIFICATION:**

Massachusetts RN/APRN License

**License: RN2337491**

Massachusetts Controlled Substance Registration

**License: MCS004295B**

DEA

**License: MB6657792**

Licensed Mental Health Counselor (LMHC)

**License: 11633-MH-CC**

CPR/BLS/AED for the Healthcare Provider

**Expires July 2024**

CANS (Child and Adolescent Needs and Strengths) Certification

**Expires October 2024**

Trauma Focused- Cognitive Behavioral Therapy Certification

**Expires November 2025**

ANCC Board Certified Psychiatric Mental Health Nurse Practitioner Certification (PMHNP-BC)

**Expires May 2026**

## **PROFESSIONAL EXPERIENCE:**

### **Catarina Bongiorno Psychiatry PLLC, South Hamilton, MA**

**March 2023-Present**

*Owner and Provider*

- Provides psychopharmacological management and psychotherapy as well as evaluation, referrals and treatment planning for children, adolescents and adults in an outpatient setting. Maintains working relationships with area providers, schools, state agencies and treatment team.

### **Lynn Community Health Center, Lynn, MA**

**September 2021-Present**

*Psychiatric Clinical Nurse Specialist*

- Provides psychopharmacological management and evaluation, referrals and treatment planning for children, adolescents and adults both in outpatient and school-based setting. Maintains working relationships with area providers, schools, state agencies and treatment team. Completes all program required protocol and documentation.

### **The Artful Life Counseling Center and Studio Center, Salem, MA**

**August 2021-June 2023**

*Group Practice Therapist*

- Provides individual, group, family and couples therapy as well as crisis management, referrals and treatment planning for children, adolescents and adults. Maintains working relationships with area providers, schools, state agencies and other treatment team members. Completes all program required protocol and documentation.

### **Northeast Family Services, Lawrence, MA**

**May 2019-April 2021**

*Outpatient Clinician*

- Provided individual and family therapy, crisis management, referrals and treatment planning for children, adolescents and adults. Maintains working relationships with area providers, schools, state agencies and treatment team. Completes all program required protocol and documentation.

### **Beth Israel Lahey Health, Haverhill, MA**

**August 2016-May 2019**

*In-Home Family Therapist*

- Behavioral Health Clinician. Provided in-home family therapy, crisis management, referrals, and treatment planning to children and their families. Participated as a primary member of the child's wraparound team. Completed all program required protocol and documentation including insurance authorizations.

## **CLINICAL EXPERIENCE:**

### **Atrius Health Boston, MA**

**January 2021-May 2021**

- *Student Nurse Practitioner:* Worked under the direction PMHNP preceptor in the completion of psychopharmacology intakes and follow-up appointments with adult population. Engaged in psychiatric interviews and collaborative treatment planning.

**Massachusetts General Hospital, Boston, MA***Department of Child and Adolescent Psychiatry***September 2020-May 2021**

- *Student Nurse Practitioner:* Worked with MD preceptor in the completion of intakes and follow-up medication appointments with children, adolescents and young adults with primary mood disorders. Engaged in interviews with caregivers and attended psychiatry department lectures including pediatric psychopharmacology lectures.

**MGH Institute of Health Professions Charlestown, MA***IMPACT Practice Center***September 2020-December 2020**

- *Student Nurse Practitioner:* Worked under the direction PMHNP preceptor in the completion of intakes and supportive counseling appointments with adult population. Engaged in psychiatric interviews and collaborative treatment planning.

**Massachusetts General Hospital, Boston, MA***Addictions Consult Team and Bridge Clinic***January 2020-May 2020**

- *Student Nurse Practitioner:* Worked with PMHNP preceptor in the completion of ACT consults including evaluations and follow-ups for patients in the hospital and for patients in the Bridge Clinic. Engaged in psychiatric interviews with patients to guide treatment recommendations.

**VOLUNTEER AND COUNSELING INTERNSHIP EXPERIENCE:****Emmanuel College Counseling Center, Boston, MA***Graduate Student Intern***August 2016-May 2017**

- Worked with college students in the college counseling center. Provided individual short-term counseling, crisis intervention and group therapy. Regularly administered and analyzed the CCAPS (Counseling Center Assessment for Psychological Symptoms).

**Crisis Text Line, Remote***Crisis Text Counselor Volunteer***July 2016-January 2017**

- Provided crisis intervention on a free crisis text hotline service.

**Riverside Community Care, Needham, MA***Mental Health Counseling Intern***September 2015-May 2016**

- Worked with high-risk adolescents at a therapeutic day school and life skills center. Provides individual and group therapy, crisis intervention, case management and treatment planning. Maintained working relationships with area providers, schools, state agencies and treatment team.

**PROFESSIONAL DEVELOPMENT:****Trauma Focused-Cognitive Behavioral Therapy Training, Shrewsbury, MA****December 2017-December 2018**

- Attended TF-CBT two day basic training, grant training and 1-year worth of conference calls through December 2018 in order obtain National TF-CBT certification. Certification Achieved November 2020; Expires 2025

**The Experience of Hearing Voices, Dedham, MA****December 2015**

- Attended training on external stimuli with emphasis on first person experience through the use of headphones and interactive, informative exercises.

**PRESENTATIONS:****Wheelock College, Boston, MA****July 2017**

- Presented as guest lecturer for a social work graduate school class on Outreach Safety from a compassionate viewpoint.

**International Association for Social Work with Groups, Boston, MA****April 2016**

- Presented poster at IASWG MA Chapter 2016 Conference. Poster depicted an adolescent therapy group: Survey Says, conceptualized by this professional. Survey Says is a team based simulated game show experience, which encourages cooperation, social interaction and working together to solve problems.